

Z
E
N

O
R
I
E
N
T
A
L

H
E
A
T
H
R
O
W

L O N D O N

ZEN ORIENTAL HEATHROW
LONDON HEATHROW HILTON
TERMINAL 4
HEATHROW AIRPORT
MIDDLESEX
TW6 3AF

020 8759 7755

APPETISERS

頭盤

1. ZEN ORIENTAL MIXED HORS D'OEUVRE.
(FOR TWO). £23.80.
特色熱拼 (二人用)
2. VEGETARIAN SPRING ROLLS. £8.20.
羅漢齋卷
3. CRISPY SEAWEED. £7.80.
干貝鬆
4. CURRIED CHICKEN PUFFS. £9.20.
咖喱雞角
5. SESAME PRAWN TOAST. £10.20.
芝麻蝦多士
6. STEAMED DIM SUM BASKET. £9.80.
點心拼
7. STEAMED DIVER SCALLOP ON ITS OWN SHELL
(BLACK BEAN SAUCE / CHILLI SOYA SAUCE) EACH. £8.00.
清蒸 / 豉汁蒸 帶子
8. PEKING RAVIOLI WITH CHILLI SAUCE. £9.60
香辣水餃
9. MALAYSIAN SATAY CHICKEN SKEWERS. £9.20
馬來沙嗲串燒
10. DEEP FRIED THAI SPARE RIBS. £9.20.
胭脂骨

*Minimum Charge £20.00 Per Head
Prices inclusive of VAT
15% Discretionary Gratuity to be added*

11. DEEP FRIED PRAWNS
WITH LEMONGRASS AND CHILLI (DRY) £11.20.
香茅脆蝦

12. CRISPY AROMATIC LAMB
SERVED WITH LETTUCE LEAVES. £10.20.
香酥羊

13. "POT STICKER" PAN FRIED
PORK PEKING DUMPLINGS. £9.20.
京式鍋貼

14. FRIED SCALLOPS WITH THAI SWEET CHILLI SAUCE. £9.80.
酥炸帶子

15. DEEP FRIED SQUID WITH PEPPERCORN SALT. £9.80.
椒鹽魷魚絲

16. VIETNAMESE SPRING ROLLS
WITH SHRIMP & PORK. £9.20.
越南春卷

17. VIETNAMESE SUMMER ROLLS (COLD)
WITH PRAWNS. £9.20
越南凍卷

18. DEEP FRIED BATTERED ASSORTED VEGETABLES. £8.20
酥炸雜菜

19. DEEP FRIED TOFU CUBES WITH PEPPERCORN SALT. £8.20.
椒鹽豆腐粒

20. WHOLE SOFT SHELL CRAB WITH PEPPERCORN SALT. £9.20.
椒鹽軟殼蟹

21. DICED CHICKEN IN LETTUCE WRAPPING. £9.20.
雞粒生菜包

*The Company liaise closely with our suppliers to ensure ingredients
do not include genetically modified maize or soya.*

*For those with dietary requirements or for allergies who may
wish to know about the ingredients used, please ask a member of our staff.*

SOUPS

湯類

24. SWEETCORN SOUP WITH CHICKEN OR CRAB MEAT. £8.00.

蟹肉/雞肉粟米湯

25. SZECHUAN HOT AND SOUR SOUP
WITH PORK & SHRIMP. £8.30.

四川酸辣湯

26. "TOM YUM KUNG" - PRAWN. £8.80.

冬陰公

27. "TOM KA" KAI - CHICKEN. £8.30.

冬家雞

28. MIXED SEA FOOD BROTH. £9.80.

海鮮湯

29. SHRIMP & PORK "WON TON" SOUP. £8.30.

雲吞湯

ORIENTAL SPECIALS

東方特色

34. AUTHENTIC WHOLE PEKING DUCK
(IN TWO STAGES). £56.80.

北京烤鴨 (二食)

1st. SLICED CRISPY SKIN WITH JULIENNE SPRING
ONIONS, CUCUMBER AND PANCAKES.

2nd. FILLETS SAUTEED WITH BEANSPROUTS.

35. SUPREME SOYA CHICKEN.

豉油雞

HALF £19.80.

WHOLE £29.80.

36. CRISPY AROMATIC SZECHUAN DUCK
SERVED WITH JULIENNE SPRING ONIONS,
CUCUMBER AND PANCAKES.

香酥鴨

HALF £26.80.

WHOLE £46.80.

37. FRESH LOBSTER £39.80. (ONE AND HALF LB.)

生猛龍蝦

A) BAKED WITH SPRING ONIONS AND GINGER SERVED ON A
BED OF NOODLES.

薑蔥焗

B) BAKED WITH BLACK BEAN SAUCE AND CHILLI SERVED ON
A BED OF NOODLES.

豉汁椒絲焗

C) DEEP FRIED WITH PEPPERCORN SALT AND LEMONGRASS.

香茅椒鹽

SEA FOOD DISHES

海鮮類

38. WHOLE SEA BASS.
鮮鱸魚

SMALL £23.80.
MEDIUM £29.80.

39. WHOLE DOVER SOLE.
鮮龍利

SMALL £27.80.

A). STEAMED WITH SPRING ONIONS AND GINGER.
薑蔥蒸

B) STEAMED WITH BLACK BEAN SAUCE.
豉汁蒸

C) LIGHTLY FRIED WITH FRESH CORIANDER AND CHILLI.
煎封

D) LIGHTLY FRIED WITH SWEET AND SOUR SAUCE.
甜酸

E) DEEP FRIED WITH PEPPERCORN SALT.
椒鹽

F) BRAISED WITH SPICY YELLOW BEAN SAUCE.
豆瓣醬

40. ASSORTED SEAFOOD IN GREEN CURRY SAUCE. £17.80.
青咖喱海鮮大會

41. KUNG PO SPICY PRAWNS. £17.80.
宮保蝦球

42. PRAWNS SAUTEED WITH LEMONGRASS AND CHILLI. £17.80.
干椒香茅蝦球

43. WOK-FRIED PRAWNS WITH GINGER AND SPRING ONIONS. £17.80
油泡蝦球

44. SAUTEED PRAWNS WITH X.O. SAUCE £17.80
X.O.醬蝦球

45. PRAWNS WITH CASHEWS IN SWEET CHILLI SAUCE. £17.80.
琥珀腰果蝦球

46. PRAWNS SAUTEED WITH TROPICAL MANGO SAUCE. £17.80.
香芒蝦球

47. SCALLOPS SAUTEED WITH SPICY FISH SAUCE. £19.30.
魚露帶子

POULTRY AND MEAT DISHES

肉類

48. STEAM CHICKEN FILLETS WITH CHINESE MUSHROOM
IN LOTUS LEAF. £16.60.

香荷北菇蒸滑雞柳

49. 'GENERAL TSANG' SPICY CHICKEN. £16.30.

左宗堂雞

50. SLICES OF CHICKEN WITH BLACK BEAN AND
GREEN PEPPER. £16.30.

豉椒雞片

51. SPICY SZECHUAN CHICKEN SLICES. £16.30.

川式辣子雞

52. CHICKEN WITH CASHEW NUTS. £16.30.

腰果雞片

53. SLICED BEEF WITH MALAYSIAN SATAY SAUCE. £16.30.

沙嗲牛柳

54. SZECHUAN CRISPY SHREDDED BEEF. £16.30.

干炒牛肉絲

55. SLICED BEEF SAUTEED WITH PINEAPPLE. £16.30.

菠蘿牛肉片

56. SAUTEED SLICED BEEF WITH BASIL & CHILLI PEPPER. £16.30.

金葉牛肉片

57. BEEF SLICES WITH THAI YELLOW CURRY. £16.30.

泰式咖喱牛片

58. SLICED BEEF SAUTEED IN OYSTER SAUCE. £16.30.

蠔油牛肉

59. SLICED LAMB WITH GINGER AND SPRING ONIONS. £16.30.

薑蔥爆羊片

60. SLICED LAMB SAUTEED WITH BLACK PEPPER SAUCE. £16.30.

黑椒羊片

61. LAMB SLICES WITH SEA SPICY SAUCE. £16.30.

魚香羊片

62. PAN FRIED PORK CHOP WITH LEMONGRASS. £16.30.

香茅豬扒

63. ZEN ZEN PORK CHOP. £16.30.

西汁豬扒

64. ROASTED DUCK SLICES
WITH SWEET GINGER AND PINEAPPLE. £16.80.

子羅鴨片

65. ROASTED DUCK SLICES
WITH BLACK BEAN AND GREEN PEPPER. £16.80.

豉椒鴨片

SIDE DISHES - VEGETABLE

素菜類

66. WILD MUSHROOM AND BAMBOO SHOOTS. £9.20.

紅燒雙冬

67. STIR-FRIED MIXED VEGETABLES. £9.20.

清炒雜菜

68. BRAISED TOFU WITH BROCCOLI TIPS. £9.20.

紅燒豆腐

69. SAUTEED AUBERGINE WITH SPICED SESAME SAUCE. £9.20.

麻辣茄子

70. WOK-FRIED SEASONAL CHINESE GREENS. £10.20.

炒時菜

71. PEA POD WITH CRUSHED GARLIC. £9.20

蒜蓉荷豆

SIDE DISHES - RICE AND NOODLES
飯麵類

72. MALAYSIAN FRIED RICE
WITH SPECIAL DRIED CURRY (SHRIMP & CHICKEN). £9.20.
馬來咖喱炒飯

73. SINGAPORE VERMICELLI (SHRIMP & PORK). £9.20.
星州炒米粉

74. THAI STYLE FRIED RICE
WITH SPECIAL CHILLI PASTE (SHRIMP & DUCK). £9.80.
泰式炒飯

75. THAI VERMICELLI (SHRIMP). £9.20.
泰式炒米粉

76. FRIED EGG NOODLES WITH BEANSPROUTS. £7.80.
芽菜炒麵

77. FRIED RICE WITH EGG AND SPRING ONIONS. £5.80.
蔥花蛋炒飯

78. BOILED FRAGRANT RICE. £4.30.
香米飯

79. "YANG CHOU" SPECIAL FRIED RICE
(SHRIMP & PORK). £9.80.
揚州炒飯

DESSERTS

甜品

LYCHEE IN SYRUP.

荔枝

TOFFEE APPLE AND BANANA.

拔絲萍果/香蕉

MANGO PUDDING.

香芒布甸

ORANGE SORBET.

鮮橙雪芭

LEMON SORBET.

檸檬雪芭

COCONUT ICE CREAM IN SHELL.

椰子雪糕

TIRAMISU ICE CREAM GLACÉ.

意式雪糕

80. EACH OF THE ABOVE DESSERTS. £6.50.

85. JASMINE TEA. £3.80.

茉莉花茶

86. COFFEE. £4.30.

咖啡